

# English videos

Even if you don't understand each word, listen to English regularly, and try to understand. It helps develop your oral comprehension.

The first video is for B1/ intermediate levels and above, and has subtitles. The second video is for B2/ upper intermediate levels and above.

*This page will be updated weekly on **Mondays**. All previous videos are saved in the archive at the bottom of the page.*

*Unless otherwise stated, all videos displayed here are from The Associated Press or Bloomberg*

## Videos of the week

**Inside the frozen vault where scientists are preserving the world's plants for the future(subtitles) [level B1+ upwards]**

## Cape Town's Kelp Shack turns seaweed into fine dining [level B2 upwards]

### Videos by topic





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